St. Philomenes: 916-481-6757
2428 Bell St.
Meal is served in school gym at 2320 El Camino Ave. on Tues 6P.M.-
7P.M.
Williams Memorial Cogic: 916-455-9201
4495 ML King Jr. Blvd.
Food give-away every other Fri 11A.M.
St. Vincente de Paul: 916-781-3303
503 Giuseppe Court, suite 8
Mon-Fri 9A.M.-3P.M.
Union Gospel Mission: 916-447-3268
400 Bannon St. (North B St. at 12th)
Chapel service nightly at 7:30P.M. attendance is required to receive
dinner at 8:30P.M.
(Chapel service on Sun at 11A.M., lunch at 12P.M.)
DAY SHELTER / HOSPITALITY CENTERS
Friendship Park (Loaves and Fishes): 916-443-7378
N. C St.
A private park providing activities, information, restroom facilities, &
etc.
Maryhouse: 916-446-4961
1321 N. C St.
A daytime shelter for women and children.
Wind Youth Services: 916-504-3313
815 S St.
Daytime shelter for youth.
Wellspring Women’s Center: 916-454-9688
3414 4TH Ave.
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MOTEL VOUCHERS
The Department of Human Assistance:

Legal Services of Northern California: 916-551-2150
Mon-Fri 8:30A.M.-12P.M. & 1P.M.-5P.M.
Problems with public benefits, landlord, tenant; Call for appointment.
Senior Legal Hotline: 916-551-2140
444 N. 3rd St. suite 312
Senior Hotline 1-800-222-1753
Free legal services for seniors and individuals who are low income.
Immigration Legal Assistance: 916-443-5367
1901 Alhambra Blvd. (2nd floor)
Welfare Rights 916-736-0616
Mon-Fri 9AM.-5P.M.
CalWORKs, food stamps, and Medi-Cal at hearing.
Womens Empowerment Program: 916-669-2307
Mon-Fri 8:30A.M.-4:30P.M.
Eight-week program for homeless women to develop job skills and
personal strengths.
Disability Action Advocate: 916-838-7001
(CALL TO MAKE APPOINMENT)
Assistance with applying for SSI/SSDI 1-877-322-1044
LGBT Community Center: 916-442-0185

MENTAL HEALTH SERVICES
Guest House (El Hogar): 916-440-1500
600 Bercut Dr.
Orientation and triage on Tues & Wed at 10A.M. and Thurs at 1P.M.
Mental health evaluation, medication (if needed), and SSI application.
Connections Lounge (Mon-Fri 9A.M.-3P.M.) drop in day center for
mental health services.
Sacramento County Mental Health Services: 2150 Stockton Blvd.
24HR 916-875-1000
Crisis Line 916-732-3637
Adult Services 916-875-1055
Children’s Services 916-875-9980
Gifted Healing Center: 2251 Florin Rd. suite 133
 916-706-2269
Substance abuse, out-patient treatment, and inpatient for men & women. Sliding
scale payments or court order clients.
NAMI Sacramento: 3440 Viking Dr. Suite 125
 916-364-1642
Support for individuals coping with mental illness and their families. Offering
crisis help, support groups, NAMI educational courses, and an extensive list of
resources.
Mental Health Crisis Center 916-732-3637
Minor Emergency Response Center 916-875-1113 / 875-1114
Low Cost Dental Referrals 1-800-336-8478
HIV/AIDS SERVICES
Harm Reduction Services: 916-456-4849
Mon-Fri 12-6P.M. (walk-ins) 2800 Stockton Blvd.
Free medical clinic most Saturdays 12-5P.M. (sign up at 12P.M. at 3647 40th St.
Free women’s clinic 8A.M.-12P.M. on the last Saturday of the month.
Golden Rule Services: 916-427-4653
4433 Florin Rd. suite 760 goldenruleservicesacramento.org
Mon-Fri 9A.M.-5P.M. (Appointments & walk ins are welcomed).
Free HIV, STD & HEP C testing, needle exchange, condom distribution, and HIV
prevention.
 One Community Care: 916-443-3299
1500 21st
 Street
Provide HIV services, ensuring continued health care to patients after
testing positive for HIV.
MISCELLANEOUS SERVICES
Veteran Services Office: 916-874-6811
2007 19TH St.
Walk in Mon-Fri 8A.M.-4P.M. / Phone clients Mon-Fri 8A.M.-5P.M.
Counseling, claim dev., advocacy, benefit entitlement, etc.
Sacramento Veteran’s Resource Center: 916-393-8387
7270 E. Southgate Dr.
Employment Counseling & Training, Supportive Housing, and Homeless
Prevention
Sacramento Works Job Centers:
Call for the nearest location 916-263-3800
Community Connection Resource Center: 916-568-5980
1217 Del Paso Blvd.
Help for ex-offenders, pre-release services, basic skill development and
job placement assistance.
Gender Health Center: 916-455-��������᜙terF琀r7 7s67 St.
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