



SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item# 9.1

Meeting Date: September 19, 2024

Subject: Approve Resolution No. 3442 National Suicide Prevention and Recovery Month

Information Item Only

Approval

Conference/First Reading (Action Anticipated: _____)

Conference/Action

Action

Public Hearing

Division: Student Support & Health Services

Recommendation: Approval of Board Resolution No. 3442 National Suicide Prevention and Recovery Month

Background/Rationale: In support of National Suicide Prevention Awareness Week, World Suicide Prevention Day and National Recovery Month, all held in September, we are encouraging a special focus on the intersection between suicide prevention, alcohol and drug use and efforts that foster resilience, recovery and well-being for our students, families, staff and community.

Board Resolution was developed and will be presented in partnership with the newly formed Student Mental Health Wellness group.

Financial Considerations: None

LCAP Goal(s):

1. Suicide Prevention Board Resolution No. 3442

Estimated Time of Presentation: 5 minutes

Submitted by: Jacqueline Garner, Student Support & Health Services

Approved by: Lisa Allen, Superintendent

, the second week of each September is National Suicide Prevention Week, and September is National Recovery Month, when millions of people around the world join their voices to share a message of hope and healing; and

, these observances are united in raising awareness that prevention is possible; treatment is effective; and people can and do recover to live healthy, fulfilling lives; and

, the most recent California Healthy Kids Survey (CHKS) of students indicated that 33% of Sacramento County students reported experiencing depression-related feelings and one in five students reported seriously considering suicide in the past 12 months; and

the same CHKS Survey of 7th, 9th, and 11th graders indicated that 37% of California students experience chronic sadness or depression and that 15% of California students considered suicide within the last year; and

, according to the Centers for Disease Control (CDC), one person dies by suicide every 11 minutes, resulting in 49,000 deaths each year in the United States; and suicide was the second leading
and the 13th leading cause of death for children and adolescents in the United States in 2018. (p. 29)

problem; and

problem solving, and help-

, the SCUSD Student Support & Health Services team is dedicated to promoting and providing suicide prevention awareness, education and interventions designed to build resiliency, create safety, and find hope; and

, SCUSD has taken a number of steps to support our students, staff and families mental health and well-being, including providing all SCUSD community access to Care Solace, a resource that provides navigation and linkage to community-based mental health and substance abuse treatment; ensuring school-based mental health support staffing to all schools in order to increase access to early identification and intervention; and most recently, working with SCUSD's Student Advisory Council to establish the SCUSD Student Mental Wellness Council.