

Sacramento City Unified School District



From the Director 1

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The well-being of SCUSD students is not only our greatest concern and motivator, but also one of the best indicators of their potential academic and lifelong success. In an effort to support students and their families in achieving the best possible outcomes, we provide a wide range of evidence-based services and responsive programs.

Many of the students and families in our district are facing complex challenges that require a careful combination of multiple services. Students often receive several services across categories.

Understanding who we are serving is of great importance so that we can ensure that services are

Section 504 of the Rehabilitation Act of 1973 is a federal law that protects qualified individuals from discrimination based on their disability.

- Advocacy
- Case Management
- Crisis Assessment
- Mentoring
- Peer Mentoring
- Referrals to community providers
- Safety Planning
- School-based support services
- School Re-Entry Support

assessment of district schools. The purpose of the health needs assessment is to inform the district and local health agencies of the need for and prioritization of school-based health centers at our schools. Workshop participants included local health experts who hold knowledge of Sacramento's healthcare community, and the factors influencing health access and well-being. Participants provided input on health needs indicators used to inform the needs assessment. The Student-Based Health Center Needs Assessment report will be released in Summer 2018.

In mid-September of 2016 the school-based health clinic began serving students at Hiram Johnson High School, providing medical and dental care. The Wellspace Clinic Coordinator and the SSSH School Nurse assigned to Hiram Johnson work closely to facilitate student access to the clinic during school hours. *This year the clinic provided 123 medical services, 76 dental services, 40 referrals to outside agencies, 30 health navigation and access supports, and 73 free sports physicals.*

Maintaining educational services within the hospital provides a sense of normalcy for students during illness recovery (Ed Code 48206.3). As such, SSSH provides educational services to students hospitalized at UC Davis Health Systems, Sutter Hospital and Sutter Center for Psychiatry. During the school year, each facility has a full-time teacher assigned to serve students residing in their care. Average Daily Attendance funding is collected on students who enroll in the program.

When general education students experience a temporary disability that prevents them from attending school, two options are available to meet student's educational needs. The Home Hospital Instruction Program provides daily in-home instruction to students. Within the Medical Independent Study Program, students meet individually with their teachers at least once a week to

procedures including the use of the district approved suicide risk assessment tools. SSHS has developed and manages a response system for intervening when a student is identified at risk of suicide, which includes deploying trained staff to school sites to conduct assessments as needed. *This year, SSHS trained 188 district staff to use the approved suicide risk assessment tools, and more than 250 assessments were completed. This number represents a 74% increase in the number of reported suicide risk assessments from last academic year.*

SSHS operates 27 Student Support Centers (SSCs) at

SCUSD students and families deserve the best – that includes staff that are highly-trained and well-versed in evidence-based practices across disciplines. In an effort to contribute to the ongoing development of staff, teachers, parents and students, SSHS staff provided more than seventy trainings this academic year.

Our training program includes preparing the next generation of practitioners. This preparation also leverages partnerships with higher education institutions to do training in the field on our school campuses, for a mutually beneficial collaboration. Since 1999, SSHS has hosted and trained more than 700 vocational, undergraduate, graduate, and postgraduate interns from:

- Boston University
- California State University, Northridge
- California State University, Sacramento
- California State University, San Jose
- Charles A. Jones Skills Center
- Samuel Merritt University
- Simmons College
- University of Nevada, Reno

SSHS staff employ evidence-based practices, and also work to contribute to empirical bodies of knowledge, by securing grants to support critical work, and partnering with local academic institutions to participate in research projects and present findings at national conferences.

We know that transportation is a significant barrier to student attendance. Thanks to funding from the California Endowment, SCUSD continues an eight-year partnership with the UC Davis Center for Regional Change (UCD-CRC) to learn more about student's access to transportation to and from school including access to public transportation. Students at one middle school and one high school participated in the transportation survey, the results of which

In 2015, SSSH was awarded a three –year, \$350,000 grant by the federal Substance Abuse and Mental Health Service Administration (SAMHSA) to provide evidence-based Youth Mental Health First Aid (YMHFA) trainings to district staff, parents, and community members, primarily in the Meadowview and south Sacramento communities.

The purpose of Project AWARE is to increase the mental health literacy of adults who interact with youth, and increase their knowledge of how to help a youth who is experiencing a mental health or addiction challenge or is in crisis. While the grant ends in September 2018, district staff will continue to offer trainings throughout the coming school year including piloting a shorter 6-hour version of the evidenced-base curriculum.

Beginning in September 2017, the Project HOMES (Home-visits to Optimize Medical and Educational Success) research study conducted home visits with a transdisciplinary team including a pediatric healthcare provider and school staff to build a shared awareness of the home environment's impact on child well-being and academic success. The goal of a home visit is to partner with parents/caregivers and students to develop health and education goals while identifying potential barriers and solutions. Students identified as being chronically absent and having an asthma-related illness were invited, along with their families, to participate. At the end of the first year of the project, 17 students have been enrolled in the Project HOMES study.

The Sacramento Early Diagnosis and Preventative Treatment Duration of Untreated Psychosis (DUP) Research Project seeks to reduce the duration of untreated psychosis or time between the onset of psychotic illness and engagement in appropriate treatment, from the U.S. average of one to three years, down to less than three months for youth. Four schools (two high schools, one middle school, and one K- 8 school) are participating in this 4-year project. Currently after three years of participation, 253 youth were screened for possible early symptoms of psychosis.

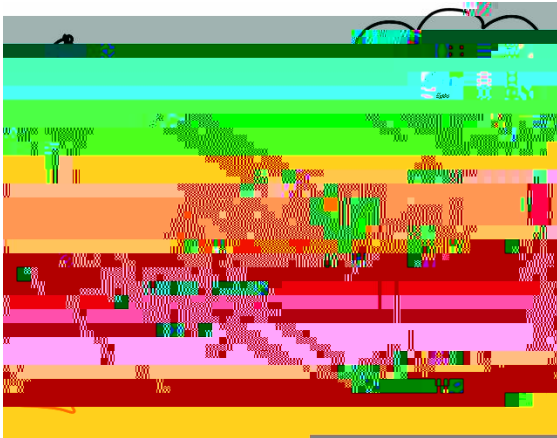
The Student Mental Health Wellness Education and Training Bullying Prevention Program grant from the Sacramento County Office of Education aims to maintain the capacity of SCUSD to implement sustainable bullying prevention programs and strategi3 792 rBT 792 6 792 rr 437.9 0n cs(y)4Prograon

Collaboration is central to the work of the Student Support and Health Services department. Through partnerships with a wide array of organizations, we are able to serve SCUSD students in many ways:

- Basic needs items such as food, clothing, furniture, and school supplies;
- Bullying and violence prevention and intervention programs;
- Direct medical care to chronically ill students;
- Educational programming through assemblies and classroom presentations;
- In-hospital instruction for critically ill students;
- Out-stationed staff to help families better access public benefits;
- School- and community-based outpatient physical and mental health services.

Our partners also serve students and the district indirectly by participating in several SSHS-led activities, such as:

- Chronic Absence Learning Collaborative;
- District Wellness Committee;
- LGBTQ Task Force;
- School Climate Collaborative;
- Student Suicide Prevention Board Policy Task Force;
- Individual case consults as needed;
- Over 180 vocational, bachelors, and masters, and postgraduate interns, who provide direct services to students, their families, and school staff.



Leveraging partnerships for student well-being and success!

- Action Supportive Care Services
- Active 20/30 Club of Sacramento
- Assistance League of Sacramento
- Boston University, School of Social Work
- Building Healthy Communities Sacramento
- California Department of Public Health
- Capital Christian Center
- Center for Oral Health
- Charles A. Jones Vocational Nursing
- Community Matters
- Furniture for Families
- Gender Health Center
- Health Education Council
- K to College
- Kaiser Educational Theater Program
- La Familia Counseling Center
- Law Enforcement Chaplaincy
- Legal Services of Northern California
- LPC Consulting
- Maxim Staffing Solutions
- Mental Health America of Sacramento
- Molina Health Care
- Pacific McGeorge School of Law
- Planned Parenthood
- River City Food Bank
- River Oak Center for Children
- Sac EDAPT
- Sacramento ACT
- Sacramento Children's Home
- Sacramento County Child & Family Access
- Sacramento County DHA
- Sacramento County DA's Office
- Sacramento County Office of Education
- Sacramento LGBT Community Center
- Sacramento Covered
- Sacramento District Dental Society
- Samuel Merritt University
- Sierra Health Foundation
- Strategies for Change
- Sutter Center for Psychiatry
- Sutter Medical Center of Sacramento
- Teachers for Healthy Kids
- UC Davis

The majority – 98% – of the Support Services division budget is spent on staff, most of whom are providing direct services to students daily. More than half of funding for staff comes from school site allocations –

suicide prevention board policy, based on the CDE model policy. The policy includes staff, student and parent training; protocols for assessing and intervening with youth at-risk of suicide; and postvention strategies for when a student attempts and/or dies by suicide. Revisions to Board Policy 5141.52 Student Suicide Prevention Policy are currently pending Board approval.

SSHS is also dedicated to introducing new, innovative practices for the benefit of our students, including:

- [Mental Health Services Oversight & Accountability Commission, Mental Health Triage Grant](#): The Mental Health Services Oversight and Accountability Commission has awarded Sacramento County Behavioral Health Services more than \$2 million dollars in grant funding as part of Senate Bill (SB) 82 Investment in Mental Health Wellness Act third round crisis triage grant funds. Sam Brannan Middle School and Albert Einstein Middle School will receive supports through this grant. The funding will allow for mental health triage staff to work within the schools – identifying and linking students to the existing mental health system.

